

## NEWS

**Date:** February 22, 2006

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### **CDHD OFFERS FLUORIDE SCREENING IN IDAHO CITY**

On Wednesday March 15, 2006 the Central District Health Department (CDHD) will be at Basin Elementary School in Idaho City to offer a **free** fluoride varnish treatment and dental check to all students in kindergarten through the second grade. A registered dental hygienist from CDHD will provide this service. This offer is possible thanks to a grant from the Delta Dental Fund.

Fluoride varnish is a protective coating that is painted on the teeth to help prevent cavities. The varnish is yellow, has a sticky texture, and tastes like bubblegum. It is recommended that the teeth not be brushed until the following morning (any yellow color remaining will come off with brushing). The dental check will be a quick visual examination to record cavities, filling and missing teeth. Each child will be given a dental survey report to take home.

**If you have a child in kindergarten through second grade at Basin Elementary, and do not want them to participate in this offer, please call the school office at 392-6631.**

Brushing 2 times a day, limiting sweet snacks, using fluoride toothpaste, and seeing a dentist regularly for examinations, cleanings and fluoride treatments, are all things we can do to maintain a healthy mouth.

For more information the fluoride varnish program and other programs of the Central District Health Department please call 208-375-5211 or visit the CDHD website at [www.cdhd.idaho.gov](http://www.cdhd.idaho.gov).

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